



Henning Köhler

Working with Anxious, Nervous & Depressed Children.

**Von ängstlichen, traurigen und unruhigen Kindern.
Grundlagen einer spirituellen Erziehungspraxis**

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- **Advice for a healthy development of senses and soul.**
- **An extraordinary spiritual approach.**

Increasingly, children in our society with issues such as anxiety and depression are treated with drugs and labels. This book proposes that an alternative, more radical approach is needed, which involves spiritual dimensions, such as calling on the child's angel.

The book includes explorations of children's life senses, with particular focus on the sense of touch and the senses of motion and balance.

Henning Köhler is an experienced therapist, and his love and enthusiasm for the children he works with shines through these pages, bringing life and immediacy to a challenging subject. Parents and teachers alike will appreciate his refreshing and readable approach.

Henning Köhler born 1951, married, two adult children. Curative teacher, child and youth therapist in own practice after previous years of training as a home educator, small class teacher, clinical curative teacher and in independent youth work extensive teaching and lecturing activities at home and abroad. Numerous contributions in magazines and anthologies, as well as on radio. Henning Köhler founded the curative education and therapy outpatient clinic in 1986, which has been part of the Janusz-Korczak-Institute since 1987.

